

MONTGOMERY COUNTY DEPARTMENT OF RECREATION  
SPORTS TEAM  
4010 Randolph Road  
Silver Spring, Maryland 20902  
240-777-6870

Revised March 1, 2011

**ADULT BASKETBALL SPRING LEAGUE RULES**

**I. PLAYER ELIGIBILITY**

- A. All players shall be at least 18 years of age and out of high school.
  - B. No player shall play on more than one team the same night.
  - C. There shall be a maximum of twelve (12) players on each team roster.
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- D. The team manager shall submit to the League Office before the **first** scheduled game the official roster with all the players on his/her team. Changes, additions, or deletions can be made prior to the **third** scheduled game in writing to the League Office on the roster addition/deletion form. It is the Manager's/Coach responsibility to make sure that all rosters and changes have been received in the Sports Office.
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- E. A player must participate in a minimum of **two (2)** league games to be eligible to play in the playoffs. A player who has not participated in the minimum number of games because of an injury shall be eligible to play in the playoffs upon approval of the **League Director**.
  - F. A player shall not play for any college (winter season for college players) or professional basketball team during the current basketball season. A player who tries out for one of the aforementioned teams and is dropped before the first regularly scheduled game shall not be considered as playing on that team.
  - G. Any team using an ineligible player shall automatically forfeit all games in which the ineligible player participated. If a team uses a player under an assumed name that team shall be dropped automatically from the League. All games played and all scheduled games not played shall be forfeited to the opponents. Any player who participates under an assumed name will automatically be suspended from all Montgomery County Recreation Department activities for a period of one (1) year from the date of the incident.
  - H. A player must be officially released in writing, before he/she may play with another team. The Release Form, available from the League Director, must be submitted.
  - I. Only protests regarding player eligibility will be accepted and no protest fee is necessary. The protest must be submitted in writing to the League Office within 48 hours after the completion of the game. Proof of participation is the responsibility of the protesting team.
  - J. Any team dropped from the League shall forfeit their entire franchise fee.
  - K. Any team forfeiting two (2) games will be required to post a \$50.00 forfeit fee to the league office before reinstatement.

**II. PLAYING RULES**

- A. Unless modified by these rules, all games of the League shall be played in accordance with the current National High School Federation Basketball rules. (See rule II.J)
- B. The number of players to start a game shall be as follows: A game may start with a minimum of 4 players (Men's and Women's Leagues). A team must start the game at the scheduled starting time if the minimum number of players are present. (NOTE: Once a team has met these requirements, a team may finish the game with as few as 1 player providing said team has a chance to win the game.)
- C. Substitutions shall be unlimited.

- D. Each team shall be allowed 6 team fouls per half before the one and one rule shall apply. One and one takes effect on the 7th team foul and continues until the 10th team foul at which time two shots will be taken on all common fouls.
- E. All games shall consist of two (2) twenty (20) minute halves. There shall be a five (5) minute rest period between the two (2) halves. There will be three (3) one minute timeouts and two (2) 20 second timeouts that can be used anytime during the game. The clock will stop on timeouts only, except during the final two minutes of each half when it will be stopped for all **whistles**.
- F. The first 2 overtime periods shall be 4 minutes each. Running clock will not be in effect for the final two minutes. The third overtime shall be sudden death.
- G. There shall be a 10-minute grace period from the scheduled starting time for the first game of each night only. A team must start the game at the scheduled starting time if the minimum number of players are present within the 10 minute grace period. The subsequent games that evening shall start at the scheduled starting time or within 5 minutes after completion of the previous game, whichever is later.
- H. **DUNKING** or **GRASPING THE RING** is not allowed before, during, or after the game. Any player guilty of dunking/grasping ring will automatically be ejected from the game, and the violating team will be assessed a technique foul. Each team will be held responsible for replacing any backboard or rim broken or damaged by their players.
- I. **UNIFORMS**: All team players shall dress in the same color shirts with at least a 6 inch number on the back (no duplicate numbers). Starting with the third scheduled game, a point will be awarded to the opposing team for each player not in uniform.
- j. **On foul shoots**, players will **play the release of the ball** (not when the ball hits the rim).

### III. **DISCIPLINARY ACTION**

- A. A player, manager, coach, or spectator who is ejected from a game by an official or for **dunking/grasping** the ring shall be suspended for at least one (1) additional game (next league game played by that team). A second ejection during the season shall be an automatic suspension for a period of at least one (1) year from the date of the second incident.
- B. Any player, manager, coach, or spectator who approaches an official in a negative manner after the conclusion of a league game shall be suspended for at least one (1) game or longer.
- C. Anyone who makes physical contact with or threatens an official shall be suspended for at least one (1) year from the date of the incident.
- D. Any unsportsmanlike conduct may result in barring the player(s) or the team from further participation in the League.
- E. Once a player(s) is suspended that team will not be allow to add/delete until the suspension has been served.

### IV. **MISCELLANEOUS**

- A. **Awards** shall be as follows:  
     Playoff Champion - 1 team award  
     Playoff Runner-up - 1 team award
- B. **CANCELLATION/INCLEMENT WEATHER POLICY**: In case of inclement weather, or other unforeseen reasons for program cancellation, on the day of the game, call the recorded message at (240) 777-6889, after 3:00 p.m. on weekdays.
- C. **PLAYOFF TOURNAMENT**: All divisions - see information listed on schedule. Ties affecting the tournament positions shall be decided with a point system as follows:
  - 1. Record in the division/league (Win= 2 pts.; Loss= 0 pts.; Forfeit= -1 pt.) if tied, then;
  - 2. Record of teams against each other in division/league competition if still tied, then;
  - 3. Margin of victory of teams against each other in division/league competition, then;
  - 4. Defensive points allow against each other.
- D. **NO SMOKING OR DRINKING** (includes alcoholic and non-alcoholic beverages) is allowed in Montgomery County Public School facilities. Teams reported as violating this policy will be dropped from the League. We must maintain good relations with the schools or we may lose the use of them.